

SPORTS CAMP

Wednesday 22 July	Thursday 23 July	Friday 24 July	
<p>Summer Sports Workshop 9.00-12.00pm Activities to include: Tennis, Athletics, Rounders etc</p> <p>OR</p> <p>Skateboarding 9.00-12.00pm Learn how to do basic Skills and Tricks, Fun Challenges and use Ramps. All equipment provided</p>  <p>Multi sports-Team / Ball Games 12.30-3.30pm Activities to include: Handball, Tag Rugby, Basketball etc</p> <p>OR</p> <p>Skateboard, Scooters, BMX 12.30-3.30pm To include: Races, Ramps, Skills Challenges. All equipment provided</p>	<p>Football Mania Workshop 9.00-12.00pm Participants will experience fun football games and awesome inflatables under the guidance of the coaches from Prestige</p>  <p>Football Mania Workshop 12.30-3.30pm Inflatables include Soccer cage, Dartboard target, beat the goalie plus test your shot power on our speed radar.</p> 	<p>Target Games Workshop 9.00-12.00pm Activities include: Nerf Guns, Laser Tag Axe throwing, Frisbee Golf, Dodgeball, Archery</p>  <p>Target Games Workshop 12.30-3.30pm Activities include: Nerf Guns, Laser Tag Axe throwing, Frisbee Golf, Dodgeball, Archery</p> 	
Tuesday 28 July	Wednesday 29 July	Thursday 30 July	Friday 31 July
<p>Gymnastics Workshop 9.00-12.00pm Practice, perform gym routines using gym equipment in a fun and safe environment.</p> <p>OR</p> <p>Martial Arts Workshop 9.00-12.00pm Learn a range of basic skills and techniques. Including Karate, Self defence, Tai chi and Fitness.</p> <p>Parkour Workshop 12.30-3.30pm Learn different types of vaults, jumps, rolls and climbs in a safe environment</p> <p>OR</p> <p>Creative Workshop 12.30-3.30pm Activities to include Musical Theatre, Drama and Dance</p>	<p>Football -Skills Workshop 9.00-12.00pm Develop your football Skills in passing, dribbling and shooting</p> <p>OR</p> <p>UV Sports 9.00-12.00pm Activities are given a futuristic treatment to turn everything neon. Activities to include: UV Parachute games UV Rugby skills UV Dodgeball</p> <p>Football Challenges & Games 12.30-3.30pm Test your skills in challenges and small sided matches</p> <p>OR</p> <p>Alternative Activities 12.30-3.30pm To include: NFL flag football, Circus skills, Quidditch etc</p>	<p>Inflatables Workshop 9.00-12.00pm Participants will experience fun games and a range of awesome inflatables</p>  <p>Inflatables Workshop 12.30-3.30pm Inflatable obstacle course, Dartboard, Bouncy goal Inflatable slide</p> 	<p>Action & Adventure Workshop 9.00-12.00pm Activities include: Tug of war, Laser Tag, Dodgeball, Go karts, Scooters Orienteering</p>  <p>Nerf and Laser Tag Workshop 12.30-3.30pm Activities include: Tug of war, Laser Tag, Dodgeball, Go karts, Scooters Orienteering</p> 

All sessions are run by trained and qualified staff.

AGES: 5 – 13 Venue: Beyton Campus (IP30 9AA)

22 July-31 July 2026 £12 per workshop

Thurston Sixth, Beyton Campus, Drinkstone Road, Beyton, Suffolk IP30 9AA

Email: whopkinjones@thurstoncollege.org or willhopkinjones@hotmail.com

Mob: 07734495860



Thurston Sixth, Beyton Campus, Drinkstone Road, Beyton, Suffolk IP30 9AA
Tel: 07734495860 Email: whopkinjones@thurstoncollege.org

Sports Camp

22 July-31 July 2026

TIME: Am Workshop:9.00-12.00pm / Pm Workshop 12.30-3.30pm (Day 9.00-3.30pm)
AGES: 5 – 13 Venue: Beyton Campus -Thurston Sixth, (IP30 9AA)

COST: £12 per workshop
(If booked for all day please bring own lunch)

Please write below which day/s and times you wish to attend

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Name(s): **D.O.B**
..... **D.O.B**

Address:.....
..... **Postcode:**.....

Tel No:.....**Mobile No:**.....

Emergency Name & No:.....

Email:.....

School

Medical Conditions.....

Parent/Guardians Signature:.....

Please note:

- **Please send applications as soon as possible as places are limited**
- **Lunch is not provided-Please bring packed lunch**
- **It is the parents responsibility to ensure appropriate clothing is worn/and or available for the child for the activity provided and weather conditions.**
- **In the event that we have to cancel a club for any reason, a full refund will be issued to the person who booked.**

Please tick the box if you do not wish your child to be included in group photographs

To make booking and arrange payment please contact me by phone, email or by sending your completed form

Mr W Hopkin-Jones
Thurston Sixth, Beyton campus
Drinkstone Road
Beyton
IP30 9AA

