

## WEEK 1 GLUTEN 8 EGG FREE MENU 2025

WEEKS: 21/04, 12/05, 09/06. 30/06, 21/07, 01/09, 22/09, 13/10







	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN MEAL	G/F Bubble Coated Fish served with Homemade Diced Potatoes, Peas & Sweetcorn	Homemade Beef Bolognese with G/F Pasta served with Mixed Vegetables or Salad	G/F Cheese & Ham Pizza served with Jacket Potato Wedges, Crunchy Carrot & Cucumber Sticks	Roast Pork served with Roast Potatoes, Carrots, Broccoli, and Gravy	G/F Sausages served with Chips, Garden Peas or Baked Beans & Ketchup
JACKETS Or PASTA	Jacket Potato with Choice of Toppings served with Fresh Salad	G/F Pasta with Homemade Tomato and Vegetable Sauce served with Fresh Salad	Jacket Potato with Choice of Toppings served with Fresh Salad	G/F Pasta with G/F Cheddar Cheese Sauce with Fresh Salad	Jacket Potato with Choice of Toppings served with Fresh Salad

**DESSERTS** 

Choose One of Our Fabulous Desserts Fruity Jelly Fresh Fruit Pot Choose One of Our Fabulous Desserts Fruit Yogurt & Coulis Fresh Fruit Pot Choose One of Our Fabulous Desserts G/F Shortbread Fruity Jelly Fresh Fruit Pot Choose One of Our Fabulous Desserts Vanilla Ice-Cream & Fruit Sauce Fruit Yoghurt with Coulis Fresh Fruit Pot Choose One of Our Fabulous Desserts G/F Shortbread Fruity Jelly Fresh Fruit Pot



Fruity Jelly

Fresh Fruit Pot

## **WEEK 2 GLUTEN & EGG FREE MENU** 2025

WEEKS: 28/04, 19/05, 16/06, 07/07, 08/09, 29/09, 20/10



Fresh Fruit Pot



Fruity Jelly

Fresh Fruit Pot



	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN	G/F Pasta with G/F Cheddar Cheese Sauce Bake, served with Sesaonal Vegetables	Meat Feast G/F Pizza served with Baked Potato Wedges, Peas & Sweetcorn	G/F Pork Sausage in a Crispy G/F Ciabatta served with Crispy Potatoes & Vegetable Sticks	Roast Chicken served with Potatoes, Carrots, Broccoli and Gravy	G/F Bubble Coated Fish, Garden Peas or Baked Beans & Ketchup
JACKE OR PAS	Jacket Potato with Choice of Toppings served with Fresh Salad	G/F Pasta with Homemade Tomato and Vegetable Sauce served with Fresh Salad	Jacket Potato with Choice of Toppings served with Fresh Salad	G/F Pasta with G/F Cheddar Cheese Sauce with Fresh Salad	Jacket Potato with Choice of Toppings served with Fresh Salad
DESSER	Choose One of Our Fabulous Desserts G/F Shortbread Fruity Jelly	Choose One of Our Fabulous Desserts Fruity Yoghurt &	Choose One of Our Fabulous Desserts G/F Shortbread Fruity Jelly	Choose One of Our Fabulous Desserts Vanilla Ice-Cream & Fruit Sauce Fruit Yoghurt & Coulis	Choose One of Our Fabulous Desserts G/F Iced Shortbread Fruity Jelly

Making lunchtime the highlight of your day

Fresh Fruit Pot

Fruity Jelly

Fresh Fruit Pot



## **WEEK 3 GLUTEN & EGG FREE MENU** 2025

WEEKS: 05/05, 02/06, 23/06, 14/07, 15/09, 06/10







	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN MEAL	G/F Sausage served with Homemade Crispy Cubed Potatoes & Baked Beans or Fresh Salad	G/F Beef Bolognese Pasta served with Mixed Vegetables	Chicken G/F Ciabatta served with Sliced Sauteed Potatoes and Vegetables	Roast Chicken served with Roast Potatoes, Carrots, Broccoli and Gravy	G/F Bubble Coated Fish served with Chips, Garden Peas or Baked Beans & Ketchup
JACKETS & PASTA	Jacket Potato with Choice of Toppings served with Fresh Salad	G/F Pasta with Homemade Tomato and Vegetable Sauce served with Fresh Salad	Jacket Potato with Choice of Toppings served with Fresh Salad	G/F Pasta with G/F Cheddar Cheese Sauce with Fresh Salad	Jacket Potato with Choice of Toppings served with Fresh Salad
DESSERTS	Choose One of Our Fabulous Desserts G/F Sprinkle Cookie & Orange Wedge Fruity Jelly Fresh Fruit Pot	Choose One of Our Fabulous Desserts Fruit Yoghurt & Coulis Fresh Fruit Pot	Choose One of Our Fabulous Desserts G/F Shortbread Fruity Jelly Fresh Fruit Pot	Choose One of Our Fabulous Desserts Vanilla Ice-Cream & Fruit Sauce Fruit Yoghurt & Coulis Fresh Fruit Pot	Choose One of Our Fabulous Desserts Fruity Jelly Fresh Fruit Pot