

## WEEK 1 NO DAIRY & GLUTEN MENU 2025

WEEKS: 21/04, 12/05, 09/06. 30/06, 21/07, 01/09, 22/09, 13/10



Fresh Fruit Pot



Fresh Fruit Pot



	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN MEAL	G/F Bubble Coated Fish served with Diced Potatoes, Peas & Sweetcorn	Homemade Beef Bolognese served with G/F Pasta, Mixed Vegetables or Salad	Vegan Cheese & Ham G/F Pizza served with Jacket Potato Wedges, Crunchy Carrot & Cucumber Sticks	Roast Pork served with Roast Potatoes, Carrots, Broccoli, and Gravy	G/F Sausages served with Chips, Garden Peas or Baked Beans & Ketchup
JACKETS Or PASTA	Jacket Potato with Choice of Toppings served with Fresh Salad	G/F Pasta with Homemade Tomato and Vegetable Sauce served with Fresh Salad	Jacket Potato with Choice of Toppings served with Fresh Salad	G/F Pasta with Homemade Tomato and Vegetable Sauce served with Fresh Salad	Jacket Potato with Choice of Toppings served with Fresh Salad
DESSERTS	Choose One of Our Fabulous Desserts Fruity Jelly Fresh Fruit Pot	Choose One of Our Fabulous Desserts G/F Shortbread Fresh Fruit Pot	Choose One of Our Fabulous Desserts Fruity Jelly Fresh Fruit Pot	Choose One of Our Fabulous Desserts Vegan Vanilla Ice-Cream & Fruit Sauce	Choose One of Our Fabulous Desserts G/F Sponge Fruity Jelly



## **WEEK 2 DAIRY & GLUTEN FREE MENU** 2025

WEEKS: 28/04, 19/05, 16/06, 07/07, 08/09, 29/09, 20/10







	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN MEAL	Mediterranean Vegetable G/F Pasta served with Seasonal Vegetables	Vegan Cheese Meat Feast G/F Wrap Pizza served with Baked Potato Wedges, Peas & Sweetcorn	G/F Pork Sausage in a Crispy G/F Ciabatta served with Crispy Potatoes & Vegetable Sticks	Roast Chicken served with Potatoes, Carrots, Broccoli and Gravy	G/F Bubble Coated Fish Served with Chips, Garden Peas or Baked Beans & Ketchup
JACKETS OR PASTA	Jacket Potato with Choice of Toppings served with Fresh Salad	G/F Pasta with Homemade Tomato and Vegetable Sauce served with Fresh Salad	Jacket Potato with Choice of Toppings served with Fresh Salad	G/F Pasta with Homemade Tomato and Vegetable Sauce served with Fresh Salad	Jacket Potato with Choice of Toppings served with Fresh Salad
DESSERTS	Choose One of Our Fabulous Desserts G/F Sponge Fruity Jelly Fresh Fruit Pot	Choose One of Our Fabulous Desserts Fruit Jelly Fresh Fruit Pot	Choose One of Our Fabulous Desserts G/F Shortbread Fruity Jelly Fresh Fruit Pot	Choose One of Our Fabulous Desserts Vegan Vanilla Ice-Cream & Fruit Sauce Fresh Fruit Pot	Choose One of Our Fabulous Desserts Iced G/F Sponge Fruity Jelly Fresh Fruit Pot



## **WEEK 3 DAIRY & GLUTEN FREE MENU** 2025

WEEKS: 05/05, 02/06, 23/06, 14/07, 15/09, 06/10







	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN MEAL	G/F Chicken Goujons served with Homemade Crispy Cubed Potatoes & Baked Beans or Fresh Salad	Beef Bolognese G/F Pasta served with Mixed Vegetables	Chicken G/F Ciabatta served with Sliced Sauteed Potatoes and Vegetables	Roast Chicken served with Roast Potatoes, Carrots, Broccoli and Gravy	G/F Bubble Coated Fish served with Chips, Garden Peas or Baked Beans & Ketchup
JACKETS & PASTA	Jacket Potato with Choice of Toppings served with Fresh Salad	G/F Pasta with Homemade Tomato and Vegetable Sauce served with Fresh Salad	Jacket Potato with Choice of Toppings served with Fresh Salad	G/F Pasta with Homemade Tomato and Vegetable Sauce served with Fresh Salad	Jacket Potato with Choice of Toppings served with Fresh Salad
DESSERTS	Choose One of Our Fabulous Desserts Sprinkle Cookie & Orange Wedge Fruity Jelly Fresh Fruit Pot	Choose One of Our Fabulous Desserts G/F Cake Fresh Fruit Pot	Choose One of Our Fabulous Desserts Fruity Jelly Fresh Fruit Pot	Choose One of Our Fabulous Desserts Vegan Vanilla Ice-Cream & Fruit Sauce Fresh Fruit Pot	Choose One of Our Fabulous Desserts G/F Cake Fruity Jelly Fresh Fruit Pot