

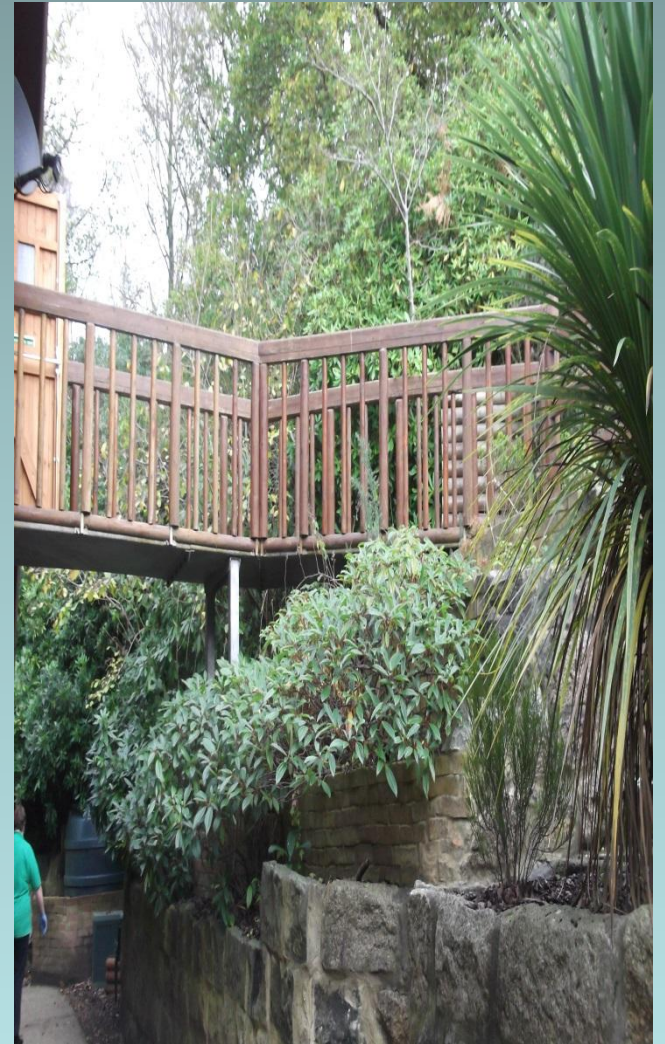
Year 6

Field Trip to Hilltop



9th-11th September 2026

Hilltop Centre, Sheringham North Norfolk Coast



The Journey

- Around 1 hour 50 minutes (with good traffic)!
- We will leave at 9:30am on Wednesday 9th September and return around between 3.00pm and 3.30pm on Friday 11th September.

Accommodation



Sleeping bags are needed for this trip.

Dining at Hilltop



Our Y6 Curriculum Overview



Abbot's Hall Community Primary School

Curriculum Overview Year 6 2023-2024

	Autumn Term Blue Planet	Spring Term World War Two	Summer Term The Moving Earth
English -Twinkl Spelling Scheme	Flotsam picture book study - descriptive writing Non-Chronological Reports- based on weird and wonderful sea creatures Plastic pollution formal letter writing Book study: Wonder - analysing song lyrics as a form of poetry and Diary writing Class text - The boy who met a whale	Extracts from different WW2 based texts- Anne Frank's diary, etc. 'The Piano' flashback narrative writing from the video 'Beyond the Lines' narrative writing from the video Letter writing as evacuees and balanced argument writing from reading 'Letters from the Lighthouse' Biography of a WW2 significant figure	Book study: Holes - setting descriptions, persuasive writing and informal and formal letter writing Poetry (The Highwayman) Newspaper report
Maths -White Rose Maths Hub	Number: place value Number: the four operations Number: fractions Geometry - position and direction	Number: decimals and percentages Measurement - converting, perimeter, area and volume Number: algebra, ratio and proportion	Geometry - properties of shapes Statistics High school transition project
Science	Living Things and their habitats- classifying plants and animals	Electricity Light	Evolution and inheritance Animals including humans- The circulatory system and healthy lifestyles
History/ Geography	Location of the world's oceans, location of major rivers and seas within and around UK, coast/river fieldwork (part of Hilltop trip later in the year if guidance permitting)	Britain during WW2- allies and axis, the blitz, rationing, life as an evacuee, the holocaust, the role of women, key events	Physical geography aspects of mountains, volcanoes and earthquakes Formation of these geographical features. Human geography linked to living within these regions
Art	Painting and mixed media: artist study	Drawing: make my voice heard	Sculpture: making memories Craft and design: photo opportunities
DT	Structure (Playgrounds) Mechanical systems (Automata toys)	Electrical systems: steady hand game	Cooking and Nutrition - Come dine with me Digital world (Navigating the world)
Music - Kapow	Advanced Rhythms Dynamics, Pitch and Texture (Fingal's cave)	Songs of World War Two Film music	Theme and Variation UKS2 production
Computing Kapow	Big Data 1 Big Data 2	The History of Computers The History of Computers: Bletchley Park	Bletchley Park Programming - Introduction to Python
Online Safety	Online safety class rules, talking safely online. Self-image and identity online. Online bullying.	Managing online information and health wellbeing and lifestyle.	Online relationships and managing online information
RE -Emmanuel Project	Christianity (incarnation), Islam (tawhid)	Hinduism (Brahman and atman), Buddhism (Refuge)	Christianity (Resurrection), Humanism (Happiness)
PSHE -Jigsaw	Being Me in My World Celebrating Differences (including Anti-Bullying)	Dreams and Goals Healthy Me, including healthy lifestyle workshop.	Relationships Changing Me (including Sex Education) Emergency response - first aid, safety at school, 999 as part of crucial crew
MFL	Recap of previous learning from Years 3 - 5 Daily Routine	Personality Physical description	Snacks and drinks at the café Colours and clothes In the city and directions
PE	Tag Rugby, Gymnastics, Hockey, Dodgeball	Handball, Dance, Fitness, Netball	Athletics, Tennis, Volleyball, Rounders
SMSC/ British Values	Residential Trip to Hilltop (3 days), respecting differences through 'Wonder' book study, anti-bullying month	WW2 immersion day, time to talk, trip to Duxford Air Museum, World Book Day	PSHE parent workshop, UKS2 production, sports day, high school transition project

National Curriculum Links

PE:

- take part in **outdoor and adventurous activity challenges** both individually and within a team.

Geography:

- understand the processes that give rise to key physical and human geographical features of the world, how these are interdependent and how they **bring about spatial variation and change over time.**
- **collect, analyse and communicate with a range of data gathered through experiences of fieldwork** that deepen their understanding of geographical processes.
- understand key topographical features (including hills, mountains, **coasts and rivers**), and land-use patterns; and **understand how some of these aspects have changed over time.**
- physical geography, including: climate zones, biomes and vegetation belts, **rivers**, mountains, volcanoes and earthquakes, and the water cycle.
- **use fieldwork to observe, measure, record and present the human and physical features.**

Coastal Erosion



River Study



Agility Course



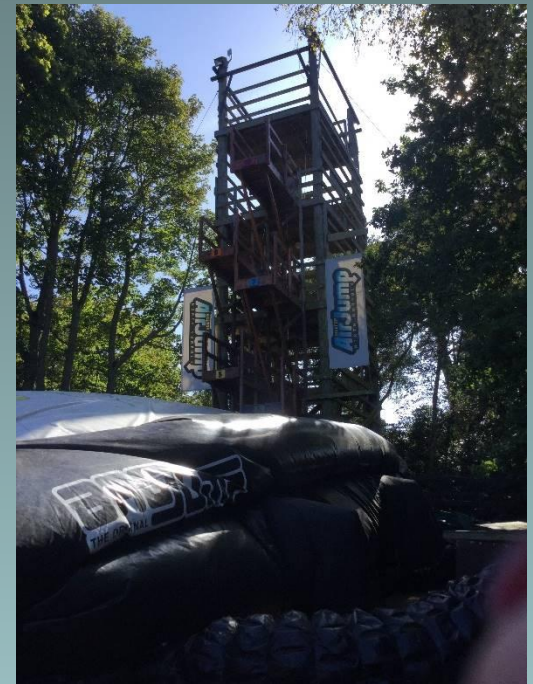
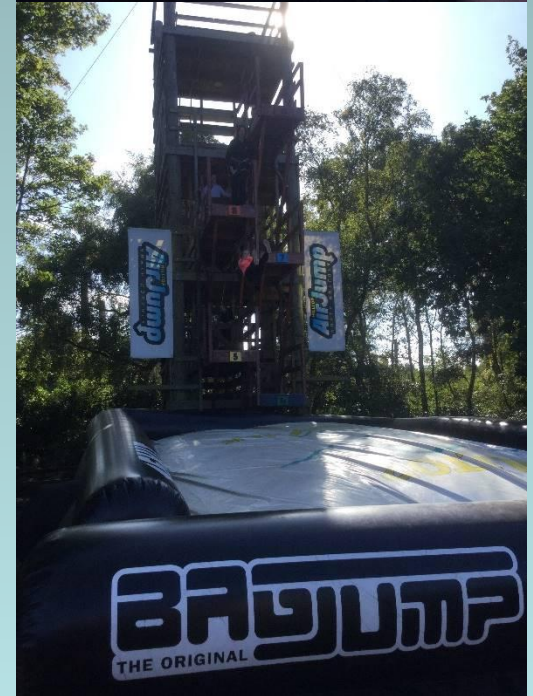
Archery



The Big Zipper!



Air Jump



Emergency contact while away

- We will contact you through Arbor when we arrive at the Hilltop Centre.
- Should you need to contact one of the trip organisers in case of **EMERGENCY ONLY**, telephone the Hilltop Centre on 01263 824514.
- In the unlikely event of us needing to contact you, we will use the contact details from the school office or from your emergency contact form.

Behaviour procedures

1. Firstly, children will be reminded of behaviour.
2. Secondly, miss tuck shop time.
3. Finally, if children continue to break the behaviour rules and expectations they can be sent home to work with Year 6 children in school.



HILLTOP KIT LIST

We advise not to pack any new or expensive items of clothing. Adventurous activity is likely to cause them wear and tear!

Bedding:

- ☐ Sleeping bag OR
 - ☐ Duvet with duvet cover
- (Hilltop will provide pillows and pillowcases)

Footwear:

- ☐ Indoor shoes or slippers (not slipper socks)
- ☐ Outdoor shoes/boots/trainers (2 pairs). No crocs or flipflops
- ☐ Wellies (optional)

Useful Items:

- ☐ A labelled bin bag for wet or dirty clothes
- ☐ Torch and spare batteries
- ☐ Re-useable water bottle
- ☐ Hair bands
- ☐ Tuck Shop money (no more than £10, ideally in change)



Clothing:

(make sure all items are named)

- ☐ Socks and underwear
- ☐ Nightwear
- ☐ T-shirts
- ☐ Long sleeved tops
- ☐ Fleeces/jumpers
- ☐ Waterproof jacket
- ☐ Leggings or trousers
- ☐ Waterproof trousers
- ☐ Clothes for the evening

Toiletries:

- ☐ A wash bag (including shower gel, shampoo, toothbrush and toothpaste, hairbrush)
- ☐ Towel

Warm weather:

- ☐ Insect repellent
- ☐ Sun cream
- ☐ Sun hat

Cold weather:

- ☐ Woolly Hat
- ☐ Scarf
- ☐ Gloves

No Chewing gum

No Hairdryers

No Mobile phones

No iPod



No Aerosols

No Games consoles

No Nuts or nut products

No electronic gadgets

Parental Consent Form



Form F



PARENTAL CONSENT & PERSONAL INFORMATION

(Treated as Confidential Once Completed)

Please complete each section of this form in full and return it to your Group Leader

Group Name: _____ Date of Visit: _____

Child's Personal Details

Child's Name: _____ Gender: _____ Date of Birth: _____

Doctors Name, Address & Phone number: _____

National Health Number: _____ Date of last Tetanus vaccination: _____

Name & Address of person to contact in an **emergency**: _____

Telephone Number of person to contact in an **emergency**: _____

Name, Address & Phone Number of Parent/Guardian (if different to above) _____

Dietary requirements please tick relevant boxes below (Halal and Pescatarian diets will be catered as vegetarian)

Vegetarian ☐ Vegan ☐ Dairy Free ☐ Lactose Free ☐ Diabetic ☐ Coeliac ☐

Other ☐ please specify below: _____

Does your child have a Food Allergy or Intolerance: NO ☐ YES ☐ If YES, you **MUST** complete a **Special Diet Request Form G** and return this with a copy of any relevant Care plan for your child.

Medical Information

Existing ailments can be exacerbated or increase the risk of further injury, some minor physical exertion will result in participating in the course. Please provide specific relevant health or medical information.

Please tick if your child has or is currently suffers from any of the following:

Allergies ☐ Asthma ☐ Back/Neck Problems ☐ Diabetes ☐ Epilepsy ☐ Heart Problems ☐

Joint Problems ☐ Raised/Low Blood Pressure ☐ Bone weakening condition ☐ Other ☐

Please give more detail if you have ticked any of the above _____

Does your child take medication? Yes / No If YES please state condition _____

Dosage Required: _____

Has a medical doctor advised your child to limit or restrict their physical activity in any way? Yes / No

Are you aware of any other condition that limits your child's ability to take part? Yes / No

If you have answered YES to any of the questions above, please explain _____

In signing this form, you:

1. Agree for information detailed within this form to be shared with Hilltop and third-party sub-contractors Hilltop engage for the purposes of providing the service.
2. Give your consent as the Parent or Guardian for this child to attend the course and to be given first aid and medical assistance as necessary.
3. Ensure the child attending (named above) understands it is not compulsory to attempt the activities.

Hilltop has public liability insurance of £10 million. This does not cover you for loss or damage to personal property or personal injury. Hilltop pays particular attention to safety but as with all outdoors activities there is a small inherent risk of minor injury. We advise you to confirm with the leader of your group that they have organised adequate insurance cover for this type of event including cancellation and curtailment cover.

Signed by Parent/Guardian: _____ Date: _____

Print name Parent/Guardian: _____

Group Leader to ensure this form is fully completed, information within this needs collating onto the Hilltop collated Medical (Form C) and Dietary forms (Form D) before sending to Hilltop. This form needs to be in the possession of the group leader for the duration of the visit.

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Monday 6th July 2026

Parental Consent Form

Wednesday 15th July 2026

Tuck shop - Pocket money (£10
maximum in change please!)

Any questions?

<http://www.abbotshall.suffolk.sch.uk>

<http://www.hilltopoutdoorcentre.co.uk>