

WEEK 1 VEGAN & GLUTEN FREE MENU 2025

WEEKS: 21/04, 12/05, 09/06. 30/06, 21/07, 01/09, 22/09, 13/10





Fresh Fruit Pot



	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN MEAL	Crispy Vegetable Sausages served with Sliced Sauté Potatoes, Peas & Sweetcorn	Roasted Vegetable & Lentil Sauce served with G/F Pasta, Mixed Vegetables or Salad	Vegan Cheese & Tomato G/F Pizza Wrap served with Jacket Potato Wedges, Crunchy Carrot & Cucumber Sticks	Roasted Rouille Stuffed Pepper served with Roast Potatoes, Carrots, Cabbage and Gravy	Vegetable Sausage served with Chips, Garden Peas or Baked Beans & Ketchup
JACKETS Or PASTA	Jacket Potato with Choice of Toppings served with Fresh Salad	G/F Pasta with Homemade Tomato and Vegetable Sauce served with Fresh Salad	Jacket Potato with Choice of Toppings served with Fresh Salad	G/F Pasta with Homemade Tomato and Vegetable Sauce served with Fresh Salad	Jacket Potato with Choice of Toppings served with Fresh Salad
DESSERTS	Choose One of Our Fabulous Desserts Fruity Jelly Fresh Fruit Pot	Choose One of Our Fabulous Desserts G/F Shortbread Fresh Fruit Pot	Choose One of Our Fabulous Desserts Fruity Jelly Fresh Fruit Pot	Choose One of Our Fabulous Desserts Vegan Vanilla Ice-Cream & Fruit Sauce	Choose One of Our Fabulous Desserts G/F Shortbread Fruity Jelly

Fresh Fruit Pot



Fresh Fruit Pot

WEEK 2 VEGAN & GLUTEN FREE MENU 2025

WEEKS: 28/04, 19/05, 16/06, 07/07, 08/09, 29/09, 20/10



Fresh Fruit Pot



Fresh Fruit Pot



	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN MEAL	G/F Pasta with Homemade Tomato and Vegetable Sauce served with Fresh Salad	Vegan Margherita Wholemeal G/F Pizza served with Baked Potato Wedges, Peas & Sweetcorn	Vegan G/F "Meatballs" in a G/F Ciabatta Served With Crispy Potatoes & Vegetable Sticks	Veggie Chilli served with Potatoes Carrots and Broccoli	Vegetable Sausage served with Chips, Garden Peas or Baked Beans & Ketchup
JACKETS OR PASTA	Jacket Potato with Choice of Toppings served with Fresh Salad	G/F Pasta with Homemade Tomato and Vegetable Sauce served with Fresh Salad	Jacket Potato with Choice of Toppings served with Fresh Salad	G/F Pasta with Homemade Tomato and Vegetable Sauce served with Fresh Salad	Jacket Potato with Choice of Toppings served with Fresh Salad
DESSERTS	Choose One of Our Fabulous Desserts G/F Shortbread Fruity Jelly	Choose One of Our Fabulous Desserts Fruit Jelly Fresh Fruit Pot	Choose One of Our Fabulous Desserts G/F Shortbread Fruity Jelly	Choose One of Our Fabulous Desserts Vegan Vanilla Ice-Cream & Fruit Sauce	Choose One of Our Fabulous Desserts Iced G/F Shortbread Fruity Jelly

Fresh Fruit Pot



WEEK 3 VEGAN & GLUTEN FREE MENU 2025

WEEKS: 05/05, 02/06, 23/06, 14/07, 15/09, 06/10







	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN MEAL	Vegetable Sausage served with Homemade Crispy Cubed Potatoes & Baked Beans or Fresh Salad	Vegetable & Lentil Bolognese served with G/F Pasta and Seasonal Vegetables	Vegan Cheese G/F Panini served with Sliced Sauteed Potatoes and Vegetables	Vegan & G/F "Meatballs" served with Roast Potatoes, Carrots, Cabbage, Gravy	Vegetable Sausage served with Chips, Garden Peas or Baked Beans & Ketchup
JACKETS & PASTA	Jacket Potato with Choice of Toppings served with Fresh Salad	G/F Pasta with Homemade Tomato and Vegetable Sauce served with Fresh Salad	Jacket Potato with Choice of Toppings served with Fresh Salad	G/F Pasta with Homemade Tomato and Vegetable Sauce served with Fresh Salad	Jacket Potato with Choice of Toppings served with Fresh Salad
DESSERTS	Choose One of Our Fabulous Desserts G/F Sprinkle Cookie & Orange Wedge Fruity Jelly Fresh Fruit Pot	Choose One of Our Fabulous Desserts Fruit Jelly Fresh Fruit Pot	Choose One of Our Fabulous Desserts Fruity Jelly Fresh Fruit Pot	Choose One of Our Fabulous Desserts Vegan Vanilla Ice-Cream & Fruit Sauce Fresh Fruit Pot	Choose One of Our Fabulous Desserts G/F Shortbread Fruity Jelly Fresh Fruit Pot